

นวตโบราณ  
NUAT BORAN

NCBTMB APPROVED PROVIDER



FOR CONTINUING EDUCATION

# THAI BODYWORK

The benefits of massage, yoga, and energy work in one nurturing dance.

with

Robert Wootton, PhD, LMBT

## LEVEL 1 TRAINING

*Especially Suitable For Massage Therapists*

**October 22-24, Sat & Sun 9:30am - 6pm, Mon 9:30 - 5**

**21 CE Hours, \$350**

**Early registration discount before Oct 1: \$330**

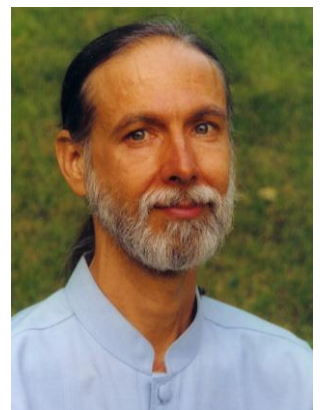
## WILMINGTON, NC

The Open Space, 411 Chestnut St.

Registration: Stephanie 910-431-3325 or Elena 910-763-8813

- Learn the Bodywork that has it all: stretches & range of motion, energy work & meditation, breathing techniques & rhythm, cross-fiber, compression, and more.
- Learn from a master practitioner and teacher of Thai Bodywork with 20 years experience.
- Learn more than mechanics – get the spiritual attitude of this ancient Buddhist healing art.
- Learn more than a collection of moves – learn a flowing, rhythmic, interactive dance.
- Learn to give a full-body treatment that is safe and effective.
- Get step-by-step guidance in body mechanics to work effectively on a floor mat; then learn adaptations to table work.
- Experience a different approach to bodywork as Robert works on everyone and guides exercises & meditations.
- Even if you don't want to practice Thai Bodywork you can apply most of the elements to enhance other modalities.

**Robert Wootton**, PhD, LMBT, lived in Thailand for six years. He speaks Thai, knows the culture and religion. One of the first Americans to train with Thai masters of *Nuat Boran*, he has practiced Thai for 20 years and taught workshops for 10. Robert lives and practices near Asheville. Robert is approved by NCBTMB as a continuing education provider. (NC license 3731; NCBTMB provider 288581-00)



Info and course description: [www.ThaiBodywork.info](http://www.ThaiBodywork.info)